
Nebraska Area Newsletter

Issue 1, Volume 6

Recovery in the Heartland

January 14, 2006

Standing Committee

P I Committee -- Chair Charnette F.

(1st Tuesday of every Month 2/7 – 3/7)
6pm Twelve Step House
7306 Grant St.

Area GSR Meeting -- Chair Frances S.

(2nd Sat. of every Month 2/11 – 3/11)
6pm Twelve Step House
7306 Grant St.

State Convention Committee 2006

Chair Willie A.

(2nd Tuesday of every Month 2/14 – 3/14)
6pm Twelve Step House
7306 Grant St.

Unity Committee -- Chair Willie A.

(3rd Tuesday of every Month 1/17 – 2/21)
6pm Twelve Step House
7306 Grant St.

H&I Committee -- Chair John W.

(4th Tuesday of every Month 1/24 – 2/28)
6pm Twelve Step House
7306 Grant St.

Help Line – Chair Lisa Q.

C.A. HELP LINE

402-978-8881

Website

www.canebraska.org

Meeting of the Month

January

Saturday Night Solutions – Immanuel Behavior Services – Saturday 8:00pm
Featuring Step Study on Step 1 January 21st

February

Solid As A Rock – Mt. Moriah – Sunday 7:00pm
Featuring Step Study on Step 2 February 19th

March

Early Start – GOCA Building – Monday 6:00pm
Featuring Step Study on Step 3 March 20th

C.A. of Nebraska Anniversary Dinner

The 19th Annual C.A. of Nebraska Anniversary Dinner will be held at Mister C's
Steak House, 5319 No. 30th St. (30th & Fort), at 6:00 pm on January 21st.

Dinner – 3 Speakers – Food-Fun-Fellowship

Contact your GSR for Tickets.

TRADITION FIVE

**“Each group has but one primary purpose –
to carry its message to the addict who still suffers.”**

“SHOEMAKER, stick to thy last!”... better do one thing supremely well than many badly. That is the central theme of this Tradition. Around it our society gathers in unity.

The very life of our Fellowship requires the preservation of this principle.

There is another reason for this singleness of purpose. It is the great paradox of A.A. that we know we can seldom keep the precious gift of sobriety unless we give it away. If a group of doctors possessed a cancer cure, they might be conscience-stricken if they fail their mission through self-seeking. Yet such a failure wouldn't jeopardize their personal survival. For us, if we neglect those who are still sick, there is unremitting danger to our own lives and sanity. Under these compulsions of self-preservation, duty, and love, it is not strange that our Society has concluded that it has but one high mission – to carry the A.A. message to those who don't know there's a way out.

Excerpts from:

Twelve Steps and Twelve Traditions, Tradition Five

Old Timers Corner **Convention Experience**

In the upcoming year of 2006 we will once again put on our State Convention. I can still recall with clarity my first Convention experience – It was mind-blowing.

The words 'There are no strangers, only friends you haven't met yet' come alive for me.

My first convention was in Akron Ohio. I made many friends that I still see today from time to time. I really enjoyed and had a good time. It not only enhanced my recovery, it gave me a high I hadn't had since treatment. But it was here in the Nebraska Area, my home, where I learned what goes on behind the scenes.

Conventions don't just happen. There are addicts who do the work. So once again I get an opportunity to enhance my recovery through service work. Seeing Newcomers having their first Convention experience is one of the bright spots of my recovery. So whether this is your first or one of many, come join us in food, fun, fellowship and learning at the 2006 Nebraska State Convention.

- Harry T.

CA BIRTHDAYS

November

Daneshia	6 mos.
Doug R.	9 mos.
Mike H.	2 yrs.
Adrian W.	4 yrs.
Robert H.	7 yrs.
Alice C.	8 yrs.
Bryan R.	9 yrs.
Eddie H.	13 yrs.

December

Duane C.	6 mos.
Chris C.	18 mos.
Erin Y.	18 mos.
Leslie V.	2 yrs.
Randall	3 yrs.
Greg B.	6 yrs.
Linnette K.	6 yrs.
Rose B.	13 yrs.

GOD WILLING...

January

Jim F.	9 mos.
George A.	2 yrs.
Doug W.	3 yrs.
Mike R.	5 yrs.
Arlo R.	6 yrs.
Pam G.	6 yrs.
Todd G.	7 yrs.
Lori D.	9 yrs.
Ms. Troy	27 yrs.

February

Bridgett	7 yrs.
Cathy C.	8 yrs.
David L.	14 yrs.
Brian M.	18 yrs.

If you've celebrated a birthday and you have not been recognized then contact your GSR

Welcome to all newcomers – Don't leave 5 minutes before the miracle happens.

Thank You

On behalf of my Wife, our extended family, and myself we express our heartfelt thanks and gratitude for your prayers and support through this difficult period in our lives. For those of you not aware, we lost our daughter Shanta and her unborn child. Even with the pain, my God, my rock, my Greater Power gives me the strength to carry on and persevere and still find peace in the midst of the storm.

In the rooms I always hear life on life's terms. So today I can accept the good and the bad. I ask myself – What can I do? The answer is always the same. Help someone else and do the next right thing. Death is as much a part of life as living; it is something that each and every one of us has to deal with. Thank God that no longer do I have to medicate or pick up a drink. For that I thank every man and woman in the Fellowship of Cocaine Anonymous.

- Harry T.

2006 Nebraska State Convention

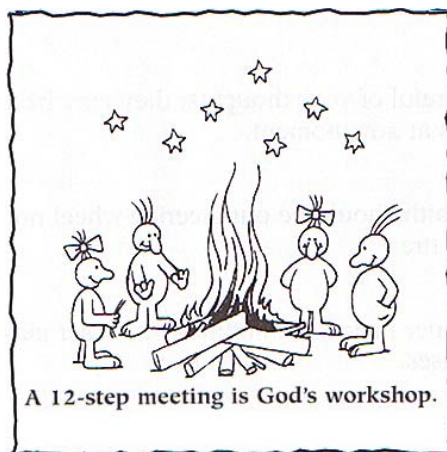
The 2006 Convention Committee is requesting the help of the fellowship in coming up with a theme for the 2006 Convention. Theme ideas should be Big Book related and submitted to the Convention Committee by the end of February. Once a theme has been selected, we will be accepting logo submissions that correspond to the selected theme.

The Lighter Side of CA

Success means getting your
“but” out of the way.

When looking for faults use a
mirror, not a telescope.

Maybe some of the people who
go to meetings are well-adjusted,
rational, mature adults –
probably the Alateens.



C. A. Wisdom

Drop the rock.

There is a big difference
between “saying what you
do” and “doing what you
say.”

Learn to listen. Listen to
learn.

READ IT AT YOUR LEISURE

*This Newsletter and previous issues are Available
On-line @ <http://www.canebraska.org>*

MORE STORIES AVAILABLE

*Visit the website to read more stories from local members of
Cocaine Anonymous*

Stories Needed

This is a call going out to all members of CA Nebraska. Your stories are needed to help newcomers and those old-timers alike. So don't be selfish, write up your story of Hope, Faith and Courage and submit it to any GSR or email it to webmaster@canebraska.org.

C A MEETINGS

SUN	- 7:00	pm	Mt. Moriah Church 2602 N. 24 th St.
MON	- 6:00	pm	GOCA Bldg. 2406 Fowler Ave
MON	- 7:00	pm	2725 No 60th Ave – Immanuel Lutheran Church**
MON	- 8:30	pm	Recovery Zone 701 So. 75 th St.
TUE	- 12:00	pm	12 Step House Upstairs 7306 Grant St.
TUE	- 7:30	pm	12 Step House Basement 7306 Grant St.
WED	- 7:30	pm	Stephens Center 2723 Q St.
WED	- 8:00	pm	Bryan-Independence Center, Lincoln
THU	- 8:30	pm	12 Step House Upstairs 7306 Grant St.
FRI	- 7:00	pm	Mt. Nebo Church 5501 No. 50 th St.
FRI	- 7:00	pm	Stephens Center 2723 Q St.
FRI	- 7:00	pm	Immanuel Church 104 Galvin Rd. North, Bellevue
SAT	- 10:00	am	12 Step House Upstairs 7306 Grant St. (Women Only)
SAT	- 11:00	am	Unity Club 4923 So. 24 th St. (Men Only)
SAT	- 7:30	pm	Sienna/Francis House 1702 Nicholas St.
SAT	- 8:00	pm	Immanuel Behavior Services 72 nd & Redick

** Closed Meeting (Addicts Only)

All locations: Omaha, Nebraska unless otherwise noted