



Standing Committees

PI Committee Chair – Willie A.

(1st Tuesday of every Month 12/3)
6pm Twelve Step House
7306 Grant St.

Area GSR Meeting – Chair John W.

(2nd Sat. of every Month 12/14)
6pm Twelve Step House
7306 Grant St.

**This is where the business of CA
takes place. Everyone Welcome!!**

Unity Committee Chair – John S.

(3rd Tuesday of every Month 11/19)
6pm Twelve Step House
7306 Grant St.

H&I Committee Chair – Dan W.

(4th Tuesday of every Month 11/26)
6pm Twelve Step House
7306 Grant St.

Meeting of the Month & Workshop of the Month

Nov.

Early Start Urban League Bldg 30th & Lake St. 7:00pm Monday

Workshop on Step Three -- Nov. 18, 2002

Dec.

Steps to Victory 12 Step House -Upstis. 7306 Grant St. 12:00pm Tuesday

Workshop on Step Four – Dec. 17, 2002

Upcoming Local Events:

Dinosaur Speaker Meeting and Potluck

12 Step House 7306 Grant St. -- Lower level

Nov. 16, 2002 4pm-7pm (Come as you are – No charge)

CA Anniversary Dinner

January 2003

Dates, Place, & Time To Be Announced

Attention: Women in Recovery

For all women who would be interested in a Big Book Study

held at Kelly's North Bowl 11:00 am on Saturday's please

contact: Alice C 455-7921 or Frances S. 392-8995

If you've celebrated a birthday and you have not been recognized then contact your GSR -- Welcome to all newcomers – Don't leave 5 minutes before the miracle happens.

CA Birthdays

Sept.

Ron P. 6 mo.

Alesha 9 mo.

Brenda 1 yr.

Frances S. 1 yr.

Shree 3 yrs.

Sherretta L. 9 yrs.

Oct.

Cliff M. 6 mo

Matt A. 6 mo.

Shawn J. 1 yr.

Becky 2 yrs.

Willie A. 6 yrs.

Lance J. 16 yrs.

Mike D. 16 yrs.

Mollie D. 16 yrs.

TRADITION TEN

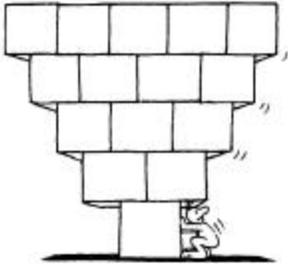
“Cocaine Anonymous has no opinion on outside issues; hence the C.A. name ought never be drawn into public controversy”

In this respect, we do not enter in public controversy, because we know that our Society will perish if it does. We conceive the survival and spread of Cocaine Anonymous to be something of far greater importance than the weight collectively throw back of any other cause. Since recovery from addiction is life itself to us, it is imperative that we preserve in full strength our means of survival.

The Lighter Side of CA

Big book suggestion: read the black parts.

The twelve steps are like wrenches in a toolbox – they’ll fit any nut that walks in the door.



Sometimes you might want to share your “brilliant idea” with friends before you take action. Remember, your best thinking got you here in the first place.

C. A. Wisdom

Your task is not to seek for love, but merely to seek and find all of the barriers within yourself that you have built against it. It is not necessary to seek for what is true, but it is necessary to seek for what is false.

Be more concerned with what God thinks about you than what people think about you.

To forgive is to set a prisoner free, and to discover that the prisoner is you.



Hope

I have been working with my sponsor, and we were discussing “The Doctors Opinion”. I was asked in what ways I identified with the passage and this was my response. It amazed me that back in 1935 when this passage was first written, it is like they were writing about me. I am an addict of the worst variety. I had the obsession of the mind and the allergy of the body. I would swear off drugs only to start using again that same day. I thought all of my behaviors were normal. I thought and believed I was doomed to die a helpless, hopeless addict. But today I know if I work closely with my sponsor, I have hope. If I work closely with another addict I have hope. If I follow this program of recovery outlined in the first 164 pages of Alcoholics Anonymous, I have hope. I also know and believe whole-heartedly that I must have complete abstinence from all mind-altering drugs. If I do all of these things I believe I have hope. For today I am not a helpless hopeless addict doomed to die. Today I am not here to laugh at Cocaine Anonymous; I have remained to pray with other addicts such as myself.

Cathy C.

Check Out the New CA of Nebraska Website at:
<http://www.canebraska.org>

Unity committee seeking ideas from our fellowship

- Attention to all groups
- Responsibilities will be to convey their groups ideas on unity committee events
- No long term commitment and individuals can rotate on a monthly basis
- Next unity committee meeting November 19th - 12 step house 6pm

CA MEETING SCHEDULE

DAY/TIME	GROUP	ADDRESS	DAY/TIME	GROUP	ADDRESS
SUNDAY 7:00 p.m. NS	SOLID AS A ROCK	Mt. Moriah Church 2602 N. 24 th St. Omaha, Ne	THURSDAY 8:30 p.m.	SCOOTERS WINNERS GROUP	12 Step House 7306 Grant St-Upstrs Omaha, Ne □
MONDAY 7:00 p.m. NS	MONDAY NIGHT MIRACLES	3805 Leavenworth Omaha, Ne ■	FRIDAY 7:00 p.m. NS	THIS IS HOW WE DO IT	Mt. Nebo Church 5501 No. 50th St. Omaha, Ne □
MONDAY 7:00 p.m. NS	EARLY START	Urban League Bldg 30 th & Lake St. Omaha, Ne □	FRIDAY 7:00 p.m. NS	IT'S ABOUT TIME	Stephens Center 2723 Q St. Omaha, Ne □
TUESDAY 12 Noon	STEPS TO VICTORY	12 Step House-Upstrs 7306 Grant St. Omaha, Ne □	SATURDAY 11:00 a.m. NS	BOYS TO MEN	New Creations 4460 Redman St Omaha, Ne □
TUESDAY 7:30 p.m. NS	IT'S THE REAL THING	12 Step House-Bsmnt 7306 Grant St Omaha, Ne □	SATURDAY 7:30 p.m. NS	END OF THE LINE	12 Step House-Upstrs 7306 Grant St Omaha, Ne □
WEDNESDAY 7:00 p.m. NS	LADIES NIGHT OUT	4406 Grand Ave Omaha, Ne □	SATURDAY 8:00 p.m. NS	SATURDAY NIGHT SOLUTIONS	Immanuel Behavior Services 72 nd & Redick Omaha, Ne □
WEDNESDAY 7:30 p.m. NS	H. O. W.	Stephens Center 2723 Q St. Omaha, Ne □		OPEN □ CLOSED ■	
				NS - NON SMOKING	