



Standing Committees

PI Committee Chair – Willie A.

(1st Tuesday of every Month 10/1/02)
6pm Twelve Step House
7306 Grant St.

Area GSR Meeting – Chair John W.

(2nd Sat. of every Month 10/12/02)
6pm Twelve Step House
7306 Grant St.

**This is where the business of CA
takes place. Everyone Welcome!!**

State Convention Committee 2002

Chairperson – Greg B.

(2nd Tuesday of every Month 9/24/02)
6pm Twelve Step House
7306 Grant St.

Unity Committee Chair – John S.

(3rd Tuesday of every Month 9/17/02)
6pm Twelve Step House
7306 Grant St.

H&I Committee Chair – Dan W.

(4th Tuesday of every Month 9/24/02)
6pm Twelve Step House
7306 Grant St.

Check Out the New CA of Nebraska

Website at:

<http://www.canebraska.org>

Meeting of the Month

Sept.

This Is How We Do It Mt. Nebo 5501 N 50th St. 7:00pm Friday

Oct.

It's About Time Stephens Center 2723 Q St. 7:00pm Friday

Upcoming events

CA Hoop It Up 3 on 3 Basketball

PVA Center 7612 Maple St. Sept. 21

**Contact John S. for any further details
933-4556 or 871-6144**

Nebraska State Convention

Oct. 11, 12, 13, 2002 Omaha, NE

**Mariott Regency Hotel (Regency Plaza)
For more info. See any are GSR**

CA Birthdays

Aug.

Kevin S. 6mo.

S.K. 12yr.

John W. 1yr.

John S. 3yrs.

Greg. 2yrs.

Orlando J. 3yrs.

TRADITION NINE

“C.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”

When Tradition Nine was first written, it said that “Cocaine Anonymous needs the least possible organization.” In years since then, we have changed our minds about that. Today, we are able to say with assurance that Cocaine Anonymous—C.A. as a whole—should never be organized at all. Then, in seeming contradiction, we proceed to create special service boards and committees which in themselves are organized...It is clear now that we ought never to name boards to govern us, but it is usually clear that we shall always need to authorize workers to serve us. It is the difference between the spirit of vested authority and the spirit of service, two concepts which are sometimes poles apart...C.A. has to function, but at the same time it must avoid those dangers of great wealth, prestige, and entrenched power which necessarily tempt other societies. Though Tradition Nine at first sight seems to deal with a purely practical matter, in its actual operation it discloses a society without organization, animated only by the spirit of service---a true fellowship.

The Lighter Side of CA

There's one thing that I've never been addicted to and that's work.

God loves you and I'm trying.

Welcome to recovery – the largest group of people in the world to go from adolescence to senility without passing through maturity.



“You're just not serious about your program.”

C. A. Wisdom

We usually condemn in others what we dislike in ourselves.

Alcohol and drugs are solvents; they will remove everything from your life.

There is no chemical solution to a spiritual problem.



Hospitals and Institutions Needs

You!!

Lately there has been a lot of talk around the program about the H&I Committee. But who are they, and what exactly do they do?

The H&I Committee is simply recovering addicts like you and I, committed to carrying the message of Cocaine Anonymous to the addict confined, voluntarily and involuntarily, in hospitals and institutions.

The committee is organized under the ninth tradition of CA, and operates under the guidelines of the twelve traditions in all our affairs.

Many of us were first exposed to Cocaine Anonymous in hospitals, treatment centers, correction facilities, or rehabilitation centers.

We thank our Higher Power that CA was there when we needed it. If you would like to continue the tradition of one addict helping another by sharing your experience, strength, and hope please contact your GSR or Dan W. the H&I Committee Chairperson.

Willingness has its rewards

Today I like myself, deeply, from the inside out. My fear of people has been greatly reduced, and continues to shrink. The areas of personal relations, daily life, and work, are calm and pleasant, no longer chaotic. I enjoy the friendship of my now adult daughter and parents.

It has taken several years of work, patience, hope, love, inventories, tears, and honest sharing of feelings to get to this point. It would have never happened without the courage and faith I learned in Cocaine Anonymous, and the steps to guide me in cleaning up the wreckage of my past and reestablishing relations.

Today, in my life, there is a feeling of peace and security such as I have never known. Life seems good to me today. I haven't felt the self-loathing or the screaming, ragged pain in my guts at all for a couple of years now, thanks to the Steps and the healing brought about by working them.

I know that I am a different, a much better person now than I ever was, even before I used. All of the Promises have come true in my life. Each day sober is better than the one before, in a lot of ways.

Today, I know I am powerless over the outcome of everything and that my life is still unmanageable by me. Today I believe that a Power greater than myself can, and is, restoring me to sanity in every area of my life. I have faith that this miracle will continue, as long as I keep doing the footwork.

I know that everyone could find what has been given to me. But I know that only a few will be willing enough to take this path. I hope and pray that you, my reader will be one of those. I lost nothing by my misery.

--Excerpted from the book "Hope, Faith & Courage – Stories from the Fellowship of Cocaine Anonymous," pages 37 and 38.

CA NEEDS YOU AND ME

Hello, my name is Harry and I'm a drug addict. I like many others needed the rooms of Cocaine Anonymous long before I got here. Once I got here it took some time before I realized how much I needed the fellowship (people) to maintain my sobriety. I thank you for sharing your experience, strength and hope with me, for accepting me as I was, insanity and all. So it is with much gratitude that I give back in whatever capacity that I can. I can't do everything and you have never asked me to. I am as busy as the next guy. I have a wife, family, job, and a life thanks to Cocaine Anonymous but somehow I find the time to attend meetings, get into service, and sponsor newcomers. There are some questions I must ask myself, so I had to search my heart and meditate on some things. This is what I saw; there are thirteen active CA meetings, why haven't I attended them? The meeting of the month is to promote unity. Unity means the combination of parts into a whole, quality of being in one accord and in harmony with one another (unification). What part do I play in my recovery? Our common welfare comes first; my personal recovery depends on CA unity. WHY won't I support the fundraisers given by my fellowship? They really need the support. WHY won't I sponsor newcomers? Have I gotten so comfortable in the world and myself around me that I think that it doesn't matter whether I show up or not? Well think again (my thinking got me here). It does matter. My life depends on it **BIG TIME!** What I discover through my experience is that when I don't participate, I settle for less. When I do that, there is no peace, love, joy, or serenity in my life. But, when I give freely of what was given to me, I get more peace and joy than I could ever dream possible, so I give back freely. I say to you come join us as we trudge this road together **WE NEED YOU!!!**

Harry T.

CA MEETING SCHEDULE

DAY/TIME	GROUP	ADDRESS	DAY/TIME	GROUP	ADDRESS
SUNDAY 7:00 p.m. NS	SOLID AS A ROCK	Mt. Moriah Church 2602 N. 24 th St. Omaha, Ne	THURSDAY 8:30 p.m.	SCOOTERS WINNERS GROUP	12 Step House 7306 Grant St-Upstrs Omaha, Ne ☐
MONDAY 7:00 p.m. NS	MONDAY NIGHT MIRACLES	3805 Leavenworth Omaha, Ne ■	FRIDAY 7:00 p.m. NS	THIS IS HOW WE DO IT	Mt. Nebo Church 5501 No. 50th St. Omaha, Ne ☐
MONDAY 7:00 p.m. NS	EARLY START	Urban League Bldg 30 th & Lake St. Omaha, Ne ☐	FRIDAY 7:00 p.m. NS	IT'S ABOUT TIME	Stephens Center 2723 Q St. Omaha, Ne ☐
TUESDAY 12 Noon	STEPS TO VICTORY	12 Step House-Upstrs 7306 Grant St. Omaha, Ne ☐	SATURDAY 11:00 a.m. NS	BOYS TO MEN	New Creations 4460 Rodman St Omaha, Ne ☐
TUESDAY 7:30 p.m. NS	IT'S THE REAL THING	12 Step House-Bsmnt 7306 Grant St Omaha, Ne ☐	SATURDAY 7:30 p.m. NS	END OF THE LINE	12 Step House-Upstrs 7306 Grant St Omaha, Ne ☐
WEDNESDAY 7:00 p.m. NS	LADIES NIGHT OUT	4406 Grand Ave Omaha, Ne ☐	SATURDAY 8:00 p.m. NS	SATURDAY NIGHT SOLUTIONS	Immanuel Behavior Services 72 nd & Redick Omaha, Ne ☐
WEDNESDAY 7:30 p.m. NS	H. O. W.	Stephens Center 2723 Q St. Omaha, Ne ☐		OPEN ☐ CLOSED ■	
				NS = NON-SMOKING	