



## Upcoming Events

**PI Committee Chair – Willie A.**

(1<sup>st</sup> Tuesday of every Month)  
6pm Twelve Step House  
7306 Grant

**Area GSR Meeting – Chair John W.**

(2<sup>nd</sup> Sat. of every Month)  
6pm Twelve Step House  
7306 Grant St.

**This is where the business of CA  
takes place. Everyone Welcome!!**

**State Convention Committee 2002**

**Chairperson – Greg B.**

(2<sup>nd</sup> Tuesday of every Month)  
6pm Twelve Step House  
7306 Grant St.

**Unity Committee Chair – John S.**

(3<sup>rd</sup> Tuesday of every Month)  
6pm Twelve Step House  
7306 Grant

**H&I Committee Chair – TBA?**

## Meeting of the Month

**May**

***This is How We Do It* Mt. Nebo Church (5501 N. 50<sup>th</sup> St. 7:00pm Friday)**

**June**

***It's About Time* Stephens Center (2738 Q St. 7:00pm Friday)**

## Sobriety Birthdays

### March

Dan H. 6 mo.  
Frances S. 6 mo.  
Machael A. 6 mo.  
Gimmi S. 2 yrs.

### April

Darren B. 6 mo.  
John C. 6 mo.  
Michael A. 6 mo.  
Shawn J. 6 mo.  
Jennifer M. 6 mo.  
Gavin S. 6 mo.  
Nick H. 9 mo.

## Upcoming Events

### State Convention Committee Fund Raiser

Fish Fry (12-step house) 7306 Grant St.

Saturday May 18, 2002 4:00PM

Food, Fun, Fellowship

### Unity Day Picnic

Hitchcock Park 4220 Q St.

Saturday June 29, 2002

Meeting at 9:00 am to kick off event

Softball/games/raffles/food

### Greater Missouri Area CA Convention

Aug. 16, 17, 18, 2002 Kansas City, MO

Kansas City Airport Marriott

For more info. See any area GSR

## TRADITION SEVEN

**“Every C.A. group ought to be fully self-supporting, declining outside contributions.”**

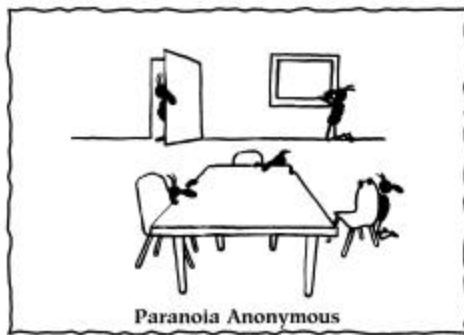
Self-supporting addicts? Who ever heard of such a thing? Yet we find that is what we have to be. This principle is telling evidence of the profound change that C.A. has wrought in all of us. Everybody knows that active addicts scream that they have no troubles money can't cure. Always, we have had our hands out. Time out of mind we've been dependent upon somebody, usually money-wise. When a society composed entirely of addicts says it's going to pay its bills, that's really news.

### The Lighter Side

I wanted to be famous and God made me anonymous.

The problem is alcoholism, not alcoholwasism

This is a suggested program and a judge suggested that I come.



### C. A. Wisdom

People have the right to not recover.

Sitting in meetings doesn't make you a member anymore than sitting in a chicken coop makes you a chicken.

Having a relationship in early recovery is like pouring Miracle Grow on your character defects.

Congratulations:  
Monday Night Miracles  
Meeting of Cocaine  
Anonymous: They  
celebrated their 14<sup>th</sup> year  
Anniversary May 6, 2002

**LIVING PROOF THAT  
RECOVERY WORKS!**

### Faith in a Higher Power

Cocaine Anonymous introduced us to a Power greater than ourselves that could manage our problem. That doesn't necessarily mean we have to turn our will and our lives over to the care of the God that we heard of in the past. It can mean trusting a Power of our own understanding. This is the beginning of our Higher Power, God, as we understand Him.

Some of us adopt, or come back to, a traditional God. Others see our Higher Power as some kind of force. Some define it as the force of the group, while others don't define it at all.

At first, it is sufficient for God, as you understand Him, to be the power that the group obviously has to help to get rid of the obsession to use.

No one comes into Cocaine Anonymous to find God. We come to these rooms to get rid of a terrifying drug habit. Look around in a meeting. You're surrounded by people who came as a last resort. We came into these rooms emotionally, financially and spiritually bankrupt. We have experienced all sorts of tragedies as a result of cocaine, drugs and/or alcohol. We have lived many of the same horrors you have, yet today we are happy. We are free from the misery, terror, and pain of drug addiction.

As long as you are willing, your belief will grow. You will learn through your own experience and the experiences of others how a Higher Power can help you with your cocaine problem... If you are having trouble with talking about God, remember:

- Be open-minded
- CA is a spiritual program, not a religious one
- All you have to do is to be willing to believe
- Your Higher Power can be the group as a whole
- You start with belief, your experience will come

*Don't leave before the miracle happens!  
(Excerpted from the CA Pamphlet "A Higher Power")*

## The Drug Addict

The drug addict is a person who gives his life and control to things that he considers important to him. He thinks this is a way to control his actions, thoughts, and emotions. So he turns to drugs and alcohol, which brings him down to a low-self esteem, in other words pitiful and incomprehensible demoralization. That impulsive action, that psychological mind has him confused with life. The drug addict has feelings and thoughts that he's not in touch with. Why is that? Why is it that the drug addict does these things that break him down to nothing? We call that hitting bottom. With all the self-knowledge and prior consequences that are delusive that: time after time, spree after spree, hit after hit, drink after drink, he does these things? Only God knows. It is him that steps in when it's time for the addict to change, and they call it his grace and mercy. The drug addict that is beaten down enough has come to know that he is ready to accept this and fully concedes to his inner most self that he is an addict of the worst variety. So, in making a decision to take some important steps, as in twelve steps, to change his life around for better, that there is work to be done, work that is known to be simple. So now being armed with true facts about who he is and what he's about, after all that he's been through or done, both the good and bad experiences, he asks himself is this the fork in the road? The no middle of the road solution! Only God knows! How devastating for the drug addict! At this point he doesn't know where to turn, so now here he is depressed and full of stress. Now is the time to confess that he's the problem who caused all this mess. An addict

### Find your serenity

Q R T Z Y B A C C C Q T X W V A  
E U K L D E C N A T P E C C A E  
W P P B W G L U M Y X T R M S F  
P I H S W O L L E F B U E Q R I  
X M E H Y A R E T X Z N G K Z F  
K X M C Z C H T O T D D A J Y P  
U L V Z H Y H P A S Q Y E C T H  
T I K S S A N I T Y O W U O L N  
H T O L E R A N C E I M X R I X  
X S O E U Q R M V C C K E I M E  
Q B B H C P B C R W H D C U U M  
A Q G B P U U E H B F A I T H Z  
T C I M Y J B U D D P R N V O N  
J E B J P O W C V B Q A P G W O  
Q L J W S U R R E N D E R P E V  
J Q P H X A O C E X O M P V O Z

FELLOWSHIP  
TOLERANCE  
BIG BOOK  
FAITH

AMENDS  
PSYCHIC CHANGE  
ACCEPTANCE  
CAME TO

SANITY  
HUMILITY  
SOBER  
SURRENDER